

## Intro to Flexo 1-Day (Basic) Training Itinerary

9:00am-9:30am	Donuts and Coffee
9:30am-10:00am	Each attendee will be given a short test on their knowledge of Flexo. (The instructor will go over the test at the end of the seminar so that each person can gauge what he or she learned in these 2-days.)
10:00am-11:00am	Learn how plates are made.
11:00am-12:00pm	Press Safety and Press Functions
12:00pm-1:00pm	Lunch
1:00pm-3:30pm	On press Plate Mounting Run a 4-Color Process Job
3:40pm – 4:00pm	End of Day Q&A